

ACTIVITY 6

The right environment

Can you think of what you, in your role as a mentor, need to do to create the right environment for mentoring? Think about the GROW model (see the box on page 25) for some ideas.

Peter Hill uses the following questions when looking for the best place to hold sessions:

- What do I see around me?
- What do I feel around me?
- What can I hear around me?
- What do I sense around me?
- What can I smell around me?

Tony Buzan has commented (www.thinkbuzan.com) that:

“Nobody has ever had an earth-shattering idea when sitting at a desk.”

Tony’s advice is to get out of the office, perhaps to a quiet area like a park.

You will also need to take legal and ethical considerations into account when thinking about the sort of environment you need to create. These will clearly be different depending on where you choose to meet with your mentee.

The legal and ethical requirements of mentoring are covered in **Section 3**.